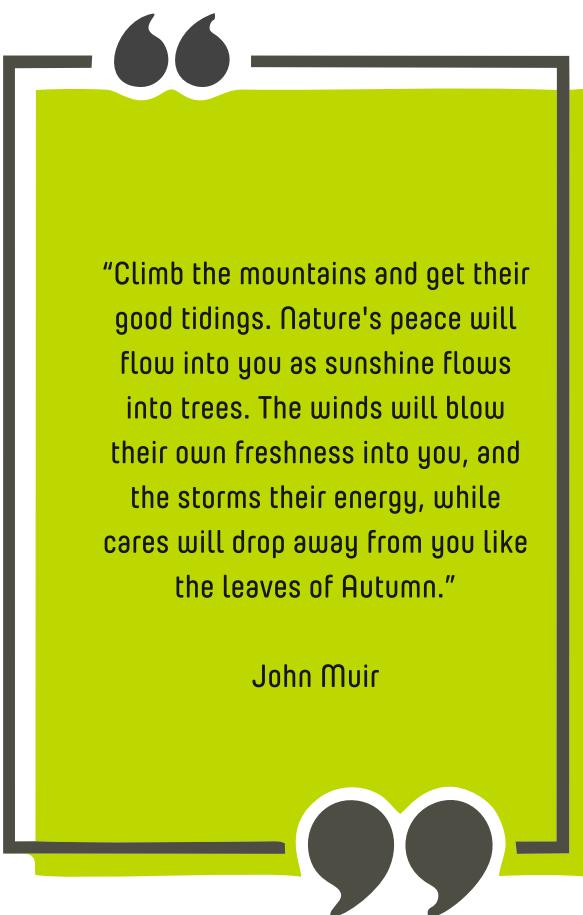




EXPLORING THE HIKING TRAILS OF MUREȘ COUNTY





“Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop away from you like the leaves of Autumn.”

John Muir

EXPLORING THE HIKING TRAILS OF MUREȘ COUNTY

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Whether an experienced hiker or a beginner, we all have felt the benefits of spending time outdoors: hiking reduces stress, improves concentration and increases creativity, but the most important advantage is, without any doubt, the positive effects of time spent in nature.

The purpose of this brochure is to urge you to discover the most attractive hiking trails in Mureş County, waiting to be beaten by nature and hiking enthusiasts.

Before going out in nature, it is important to prepare properly and to correctly assess your physical condition.

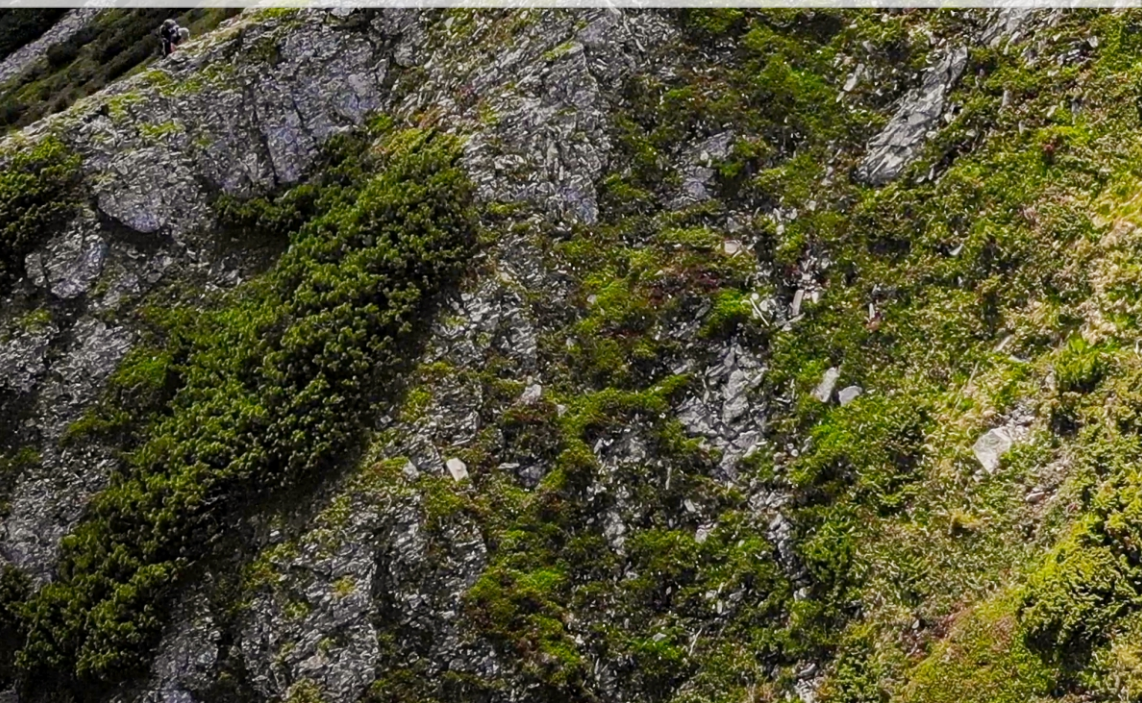
It is recommended that you always have appropriate clothing (raincoat is mandatory), but also wear a pair of shoes that you have previously used, suitable for the chosen terrain. For an easy day trip, you do not need a lot of food, but make sure you have quick snacks handy, such as a sandwich, some chocolate, energy bars or other foods, to restore your energy level and, most importantly, do not forget about water! It is a good idea to have a map at hand, even if you know all the details of your destination. Be aware of the possibility of encountering wild animals and sheepdogs, as well as insects, and be prepared for any other unexpected events, such as minor injuries. Help your colleagues on the route and do not leave anyone behind, even if you have to take several additional breaks.

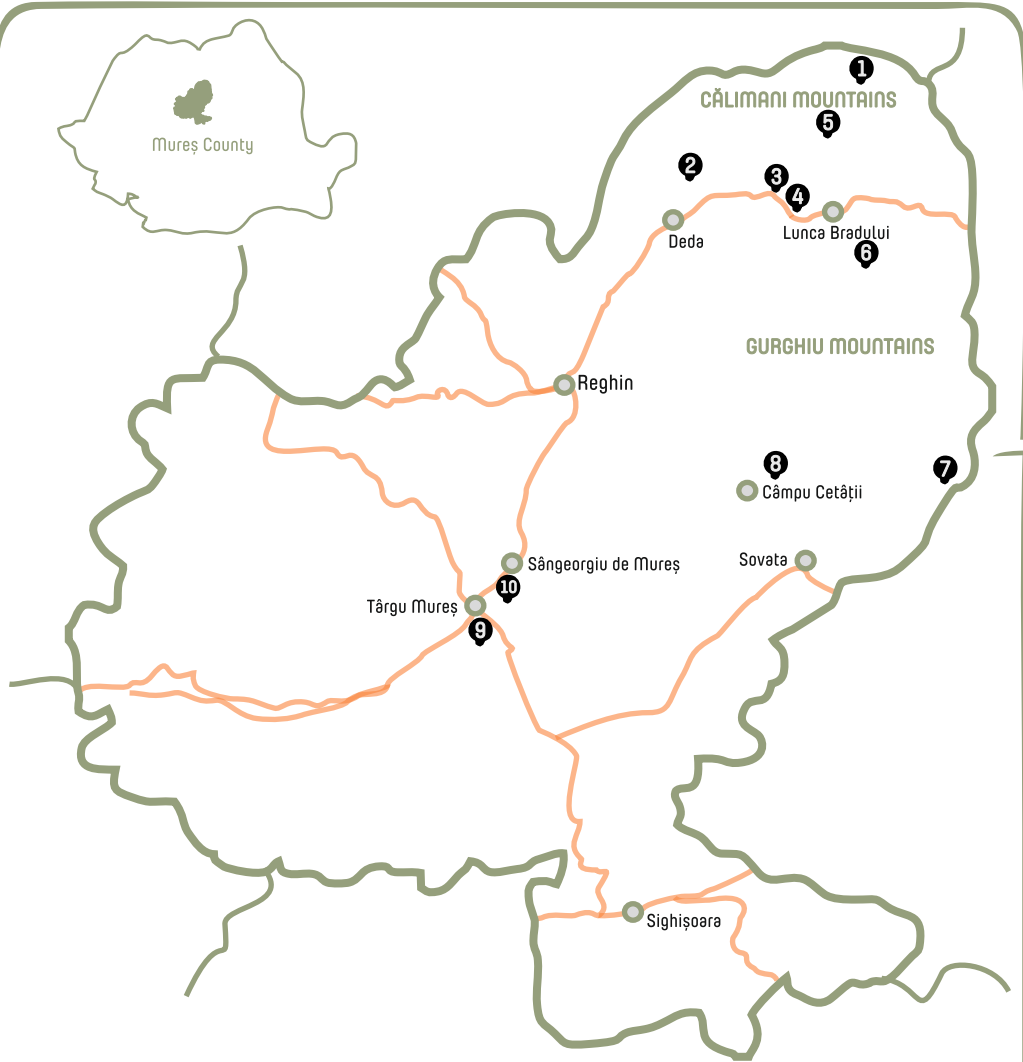
The beauty of hiking lies in the spirit of fellowship, and not in the competition. So take out your hiking boots, backpack and start walking on the most beautiful hiking trails in Mureş County!





HERE ARE 10 OF THE MOST POPULAR
HIKING TRAILS IN MURES COUNTY





- | | |
|--|---|
| 1 Pietrosul Călimanilor Peak Călimani Mountains | 6 Zespezel Peak Gurghiu Mountains |
| 2 Scaunul Domnului Peak Călimani Mountains | 7 Saca Mare Peak Gurghiu Mountains |
| 3 Sărăcin Rocks Călimani Mountains | 8 The Fortress Hill loop trail Cămpu Cetății |
| 4 Poiana Fântânel Călimani Mountains | 9 Around the city of Târgu Mureș |
| 5 Tihu Peak Călimani Mountains | 10 Cornești Plateau Sângeorgiu de Mureș area |







Photo: Bőjthe-Beyer Barna - EKE Tărgu Mures


Pietrosul Călimanilor Peak | Călimani Mountains


This is one of the most popular hiking trails that leads to the ridge of the Călimani Mountains. The starting point of the route marked with a blue cross is the mouth of Ilva stream, in the upper half of Lunca Bradului, from where a forest road leads to the confluence of Negroiu and Pietrosul streams. The forest road is accessible up to this point by car, which can be parked here. After this road fork, the path becomes narrower, steeper and more difficult up to the foot of Negroiu Unguresc peak. After passing a steep wooded part and the sheepfold in the meadow below. Negroiu Peak, where there is also a spring - the last source of water, you will reach a saddle called Șaua Negroiului, where the wonderful panoramă of the Călimani mountains lies before your eyes. The ridge path, marked with a red stripe, climbs steeply to the top of Negroiu Unguresc (2049 m), from where Pietrosul Călimani Peak (2100 m), the highest peak of Călimani mountains, is only a half hour walk away. From a total distance of 26 km, almost 18 km can be done by car.


More information: www.salvamontms.ro




  Directions: Lunca Bradului – Valea Ilva Mare – Şaua Negoiu – Negoiu Unguresc Peak – Pietrosul Peak

 Difficulty: hard

 Total distance on one way : 26 km. From which walking: 8 km

 Duration: 4-5 hours / direction

 Elevation gain on the walking section: 1100 m



Marking: blue cross, red stripe



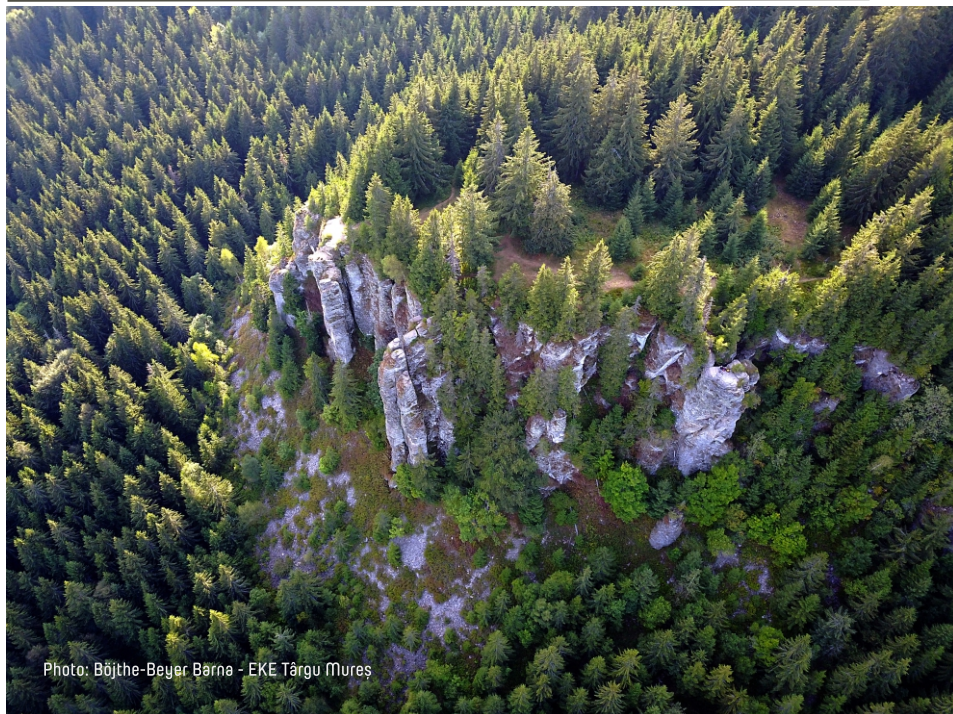


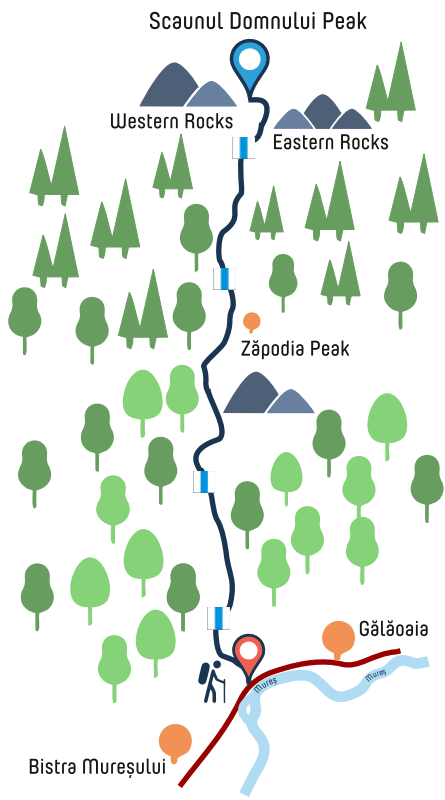
Photo: Bőjthe-Beyer Barna - EKE Tărgu Mureş

Scaunul Domnului Peak | Călimani Mountains

Probably the most popular hiking destination in the Eastern Carpathians and in Mureş Valley is Scaunul Domnului Peak (1381 m), located in the southwestern part of Călimani Mountains. The classic ridge loop trail starts from the exit of Bistră Mureşului village to Gălăoaia, on the side of the main road, where an information panel indicates the route. Following the blue stripe, the road first leads through a pasture, then it climbs to the southern part at the foothill of Zăpodia Peak. The route continues through the forest, following the ridge line. The road is dotted with several ascents and descents up to the last meadow, from where the markings lead to the 1381 m high peak of Scaunul Domnului (God's Chair), or more precisely, to the two rocky viewpoints. The panorama from the western rocks offers a view over the meandering course of Mureş River and the Carpathian Basin, and from the east you can see a part of the Călimani Mts. ridge and a part of Mureş Valley.

More information: www.salvamontms.ro





Directions: Bistra Mureşului – Zăpodia Peak – Scaunul Domnului Peak



Difficulty: medium



Distance: 8.5 km / direction



Duration: 3-4 hours / way



Elevation gain: 900 m



Marking: blue stripe



03



Sărăcin Rocks | Călimani Mountains

The hiking trail starts at the entrance of Sălard village, next to a rest area with a spring. Following the red dot marking, after a steep climb you reach the top of Stâncile Sărăcin (Rocks), from where you can admire the winding course of Mureș river. The route continues on a forest path, passing through a few meadows, then returning to the valley on a parallel ridge, about 500 meters west of the starting point, to reach the main road.

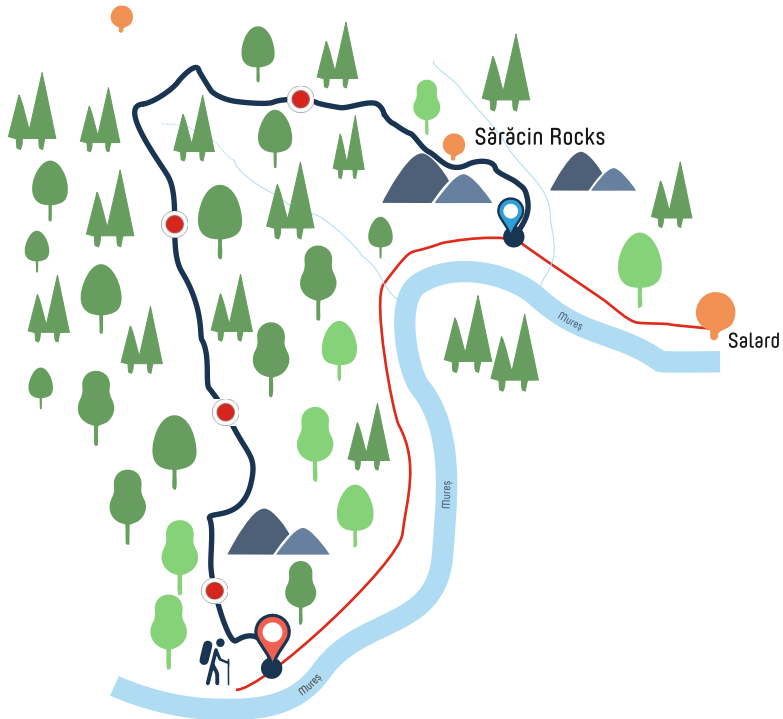
Did you know...? The place has a historical significance, as you can still see the bunkers and trenches belonging to the former front line from WWII.

Attention: although the hiking route is short, it is quite a steep and strenuous climb!

More information: www.salvamontms.ro



Poiana Sărăcin



Directions: Sălard – Stâncile Sărăcin (Rocks) – Sălard



Difficulty: easy



Distance: 5 km



Duration: 1 hour and 30 minutes



Elevation gain: 500 m



Marking: red dot






Photo: Bójtó-Beyer Barna - EKE Târgu Mureș

Poiana Fântânel | Călimani Mountains

This trail from the southern part of Călimani Mountains starts from Sălărd spring. It is steeper at first, in the forest, then it crosses Poiana Sărăcin, reaching the source of Andreneasa stream. The trail continues to Poiana Ferigelor, offering a panoramic view of the imposing ridge of Călimani Mountains. From here, you follow the road along Valea Ferigelor (Fern Valley), then the forest road along Fântânel Valley, all the way down to Lunca Bradului, located about 6 km away.

More information: www.salvamontms.ro



-  Directions: Sălard – Poiana Ferigelor – Lunca Bradului
-  Difficulty: easy
-  Distance: 10 km
-  Duration: 4-5 hours
-  Elevation gain: 450 m
-  Marking: yellow dot



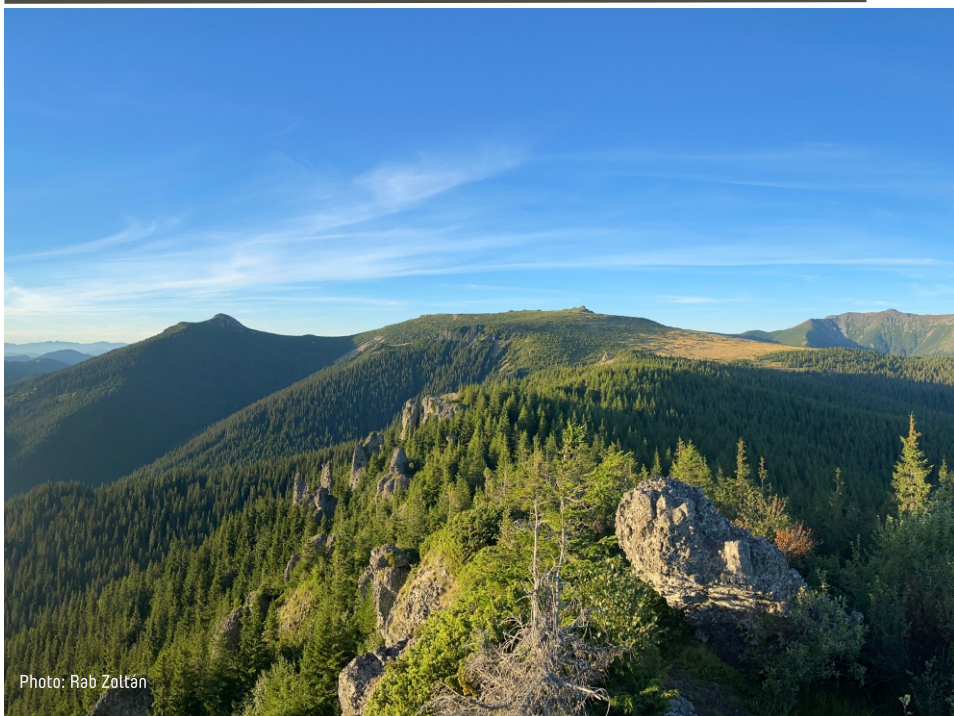



Photo: Rab Zoltán


Tihu Peak | Călimani Mountains


The hiking trail marked with a blue dot connects Ilva Mare Valley with the ridge of Călimani Mts. through Tihu Peak (1799 m). Starting on the forest road at the exit from Lunca Bradului, the first 15 km from the main road, along the Ilva Valley, can be done by car. You can leave the car at the sign indicating the blue dot route to Tihu Peak, along Tihu Valley. The trail follows a forest road, then after crossing a hill, the path reaches an abandoned sheepfold. Turn left here on a steep climb between the rocks and you can reach Tihu Peak, which offers an absolutely magnificent view of the surrounding mountains. From here you can easily reach the Rusca Rocks in 30 minutes, following the yellow sign.


More information: www.salvamontms.ro




 Directions: Ilvei Valley – Tihului Valley – Tihu Peak

 Difficulty: medium

 One way distance: 22 km. From which walking: 7 km

 Duration in one direction: 3-4 hours

 Elevation gain on the walking section: 800 m



  Marking: blue cross, blue dot



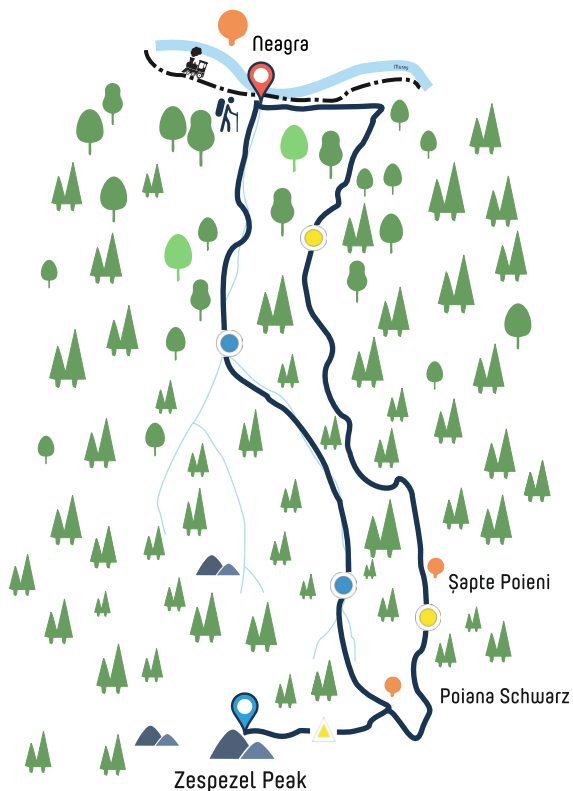


Photo: Bőjthe-Beyer Barna - EKE Târgu Mureș

Zespezel Peak | Gurghiu Mountains

One of the most popular hiking trails in Gurghiu Mountains starts in the valley of Mureș river, from the train station in Neagra, to Poiana Schwarz, along the forest road marked with a blue dot, which runs parallel to the Schwarz stream. From here, following the yellow triangle marking, a steep, sometimes rocky path leads, through the forest, to the top (1278 m). The route is easily accessible and does not involve any difficulty for fairly experienced hikers. If the weather is favorable, this route offers a wonderful view over the Călimani Mts. and the northern range of Gurghiu Mts., while to the east you can see as far as Ceahlău Mts. From here, the return to the village can be done on several routes. However, it is recommended to return to Poiana Schwarz, from where you follow the blue dot for a few hundred meters upwards, to the south, then turn on the yellow dot marking, which descends to Neagra, through Șapte Poieni, crossing several alpine pastures.

More information: www.salvamontms.ro



Directions: Neagra – Poiana Schwarz [Glade] – Zespezel Peak – Şapte Poieni – Neagra



Difficulty: Medium



Distance: 11 km



Duration: 4-5 hours



Elevation gain: 750 m



Marking: blue dot, yellow triangle and yellow dot



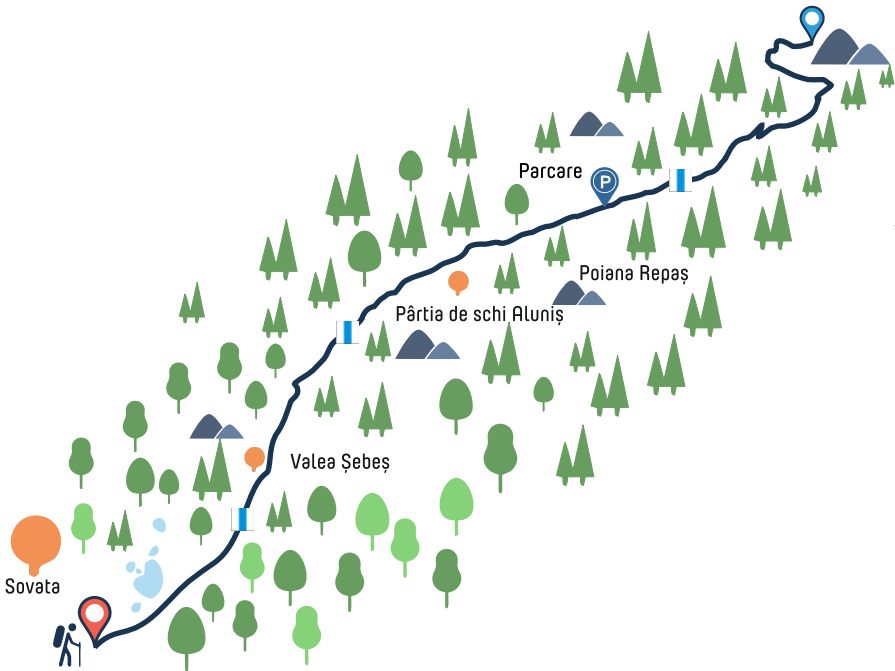


Saca Mare Peak | Gurghiu Mountains

The route to the highest peak of Gurghiu Mountains, marked with a blue stripe, starts from the center of Sovata resort. The first, longer segment, can be done by car (almost 10 km). The road passes by Stâna de Vale and continues on a rehabilitated forest road, along the Șebeș stream. After about 6 km, you leave behind the Aluniș ski slope on the right side, then, after another 2 km, at the fork, you continue along the stream. After a short while, you will reach a barrier, where you can park the car. Continue on foot, until the forest hut at the end of the Șebeș valley. From here, the path becomes steep and it continues through a rare forest, joining after a while the road marked with a red dot, which leads to the top of Sacă Mare (1776 m). Here you will be rewarded with a magnificent view, which will make all the fatigue caused by the hike disappear.

More information: www.salvamontms.ro

Vârful Săca Mare



Directions: Sovata – Şebeş Valley – Săca Mare Peak



Difficulty: Medium



One way distance: 20 km. From which walking: 6 km



Duration in one direction: 2-3 hours



Elevation gain on the walking section: 700 m



Marking: blue stripe, red dot

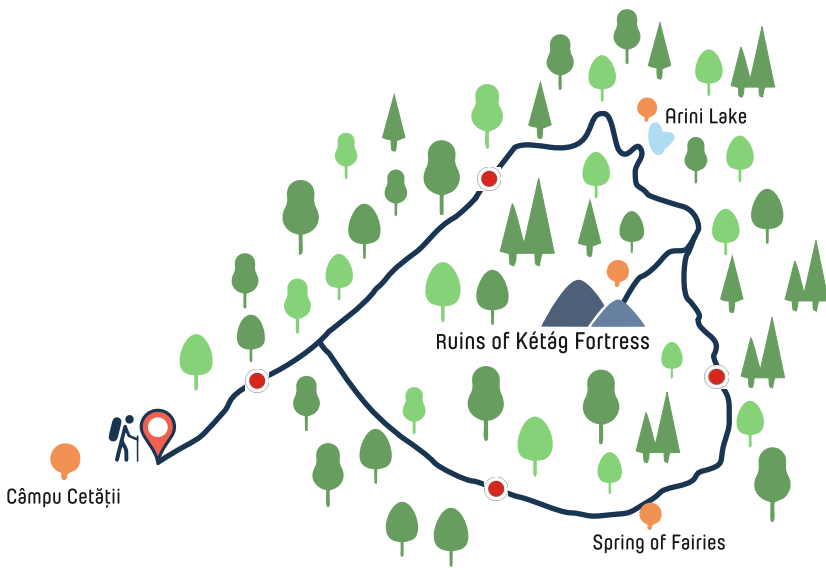





The Fortress Hill Loop Trail | Câmpu Cetății


Niraj Valley and its surroundings offer many possibilities for hiking. This is the trail of Dealul Cetății (Fortress Hill), which starts from Câmpu Cetății, along the valley of Nirajul Mic, to the Zânelor (Fairy) spring. From here it heads to the saddle under the Fortress Hill, from where you can climb a short but steep, unmarked path with a signpost directing you to the ruins of the Kétág Fortress. Return to Lacul cu Arini (Alder Lake), a swampy lake and one of the few lakes in the Gurghiu Mountains. Finally, you descend into the Great Niraj Valley and return to Câmpu Cetății.


More information: www.salvamontms.ro



 Directions: Câmpu Cetății – Spring of Fairies – Ruins of Kétág Fortress – Arini Lake – Câmpu Cetății

 Difficulty: easy

 Distance: 5 km

 Duration: 2 hours

 Elevation gain: 250 m

 Marking: red dot





Around the city of Târgu Mureș

This is quite a long trail that offers an excellent opportunity to explore the area. The starting point is on the ring road of Tg. Mureș, at the entrance to Viile Dealul Mic, from where you can reach the main road to Sighișoara and Dealul Vațman, through the forest, on the ridge trail. Once you reach the road, cross it carefully and continue to Maiad Hill. When you get here, a wonderful view will open up on the surrounding hills and mountains. If the weather is clear, you can admire the Southern Carpathians, Călimani and Gurghiu mountains and, last but not least, Beheci Peak. Then, crossing the road again, the path goes through several pastures and, after about 15 km, it reaches Terebici Peak, where it meets the trail coming from the Zoo, on which you can return to Târgu Mureș, reaching Cornești Plateau.

More information: www.salvamontms.ro

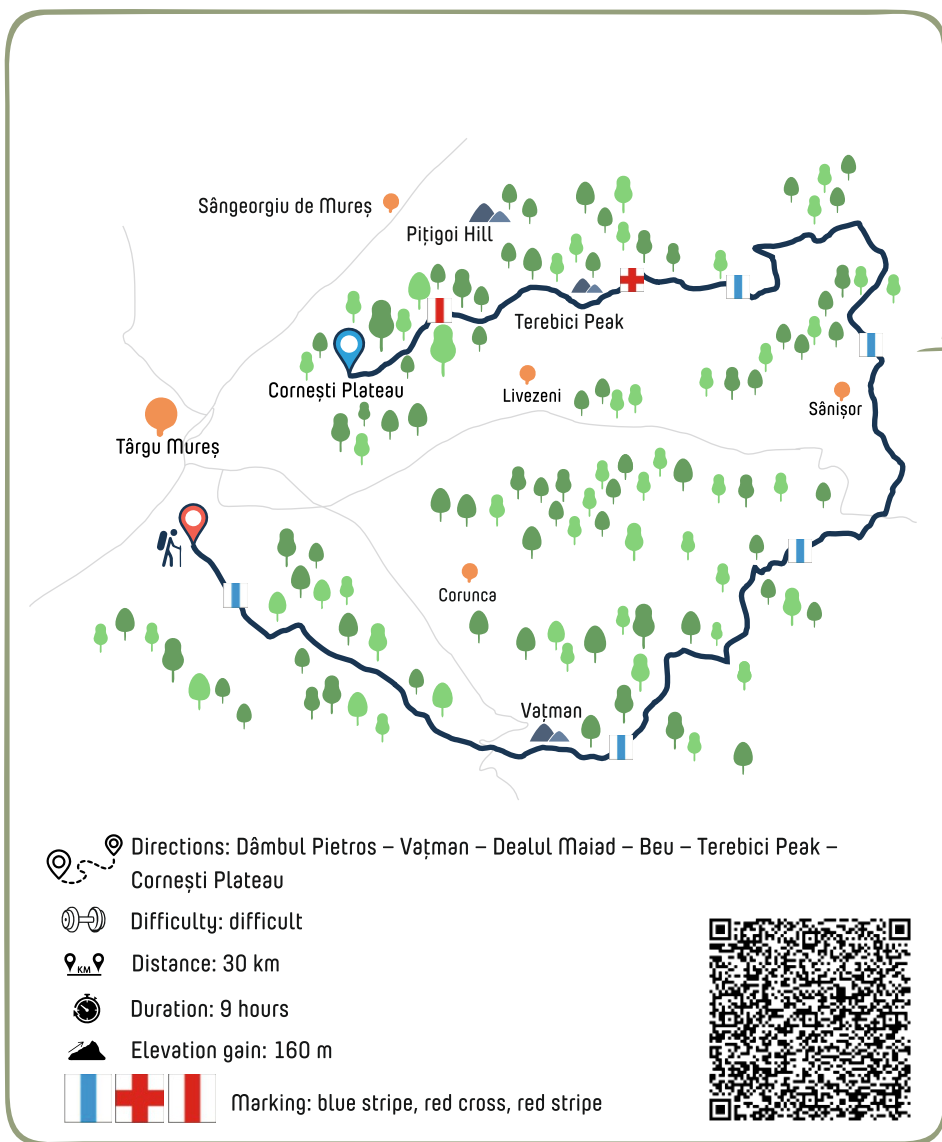


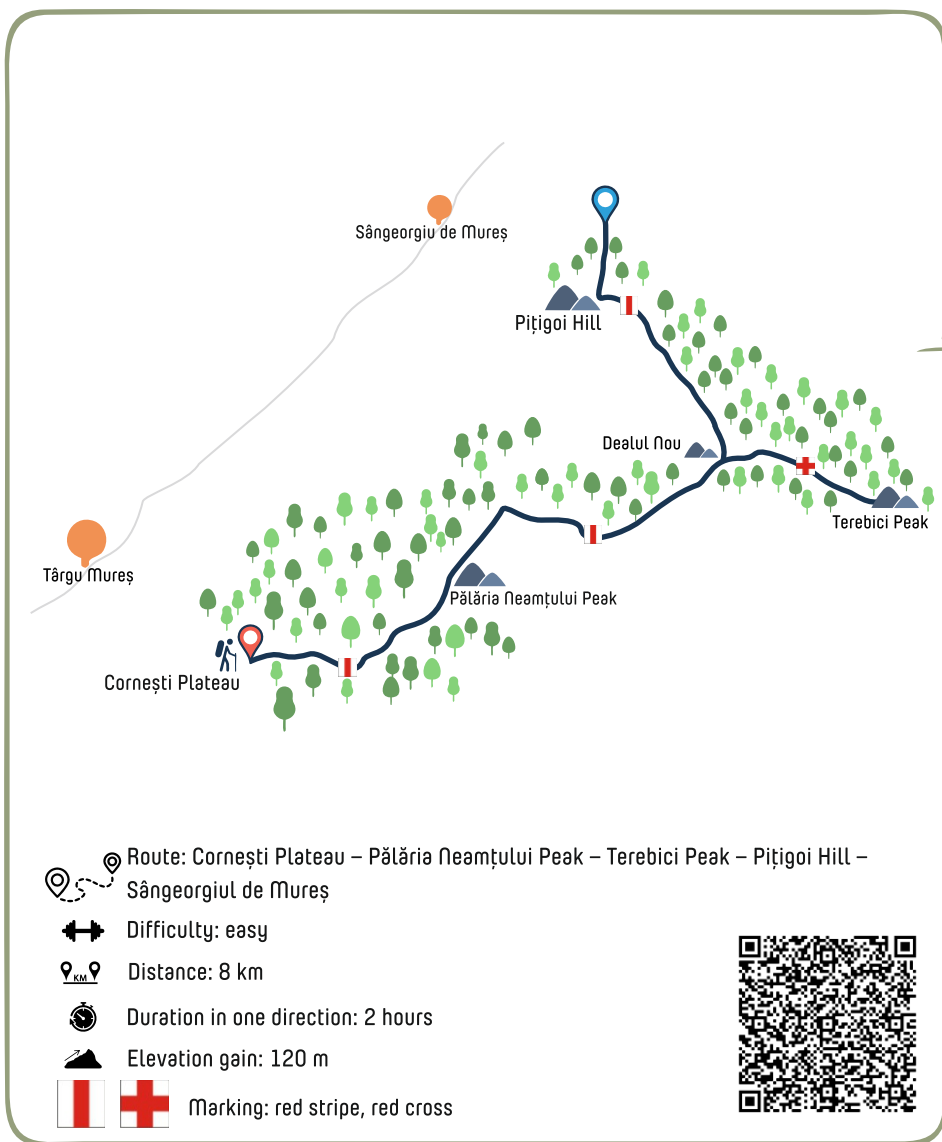


Photo: Bözöke-Beyér Barna - EKE Târgu Mureş

Corneşti Plateau | Sângeorgiu de Mureş area

The trail marked with a red band starts from the parking lot in front of the Zoo on Corneşti Plateau, where an information panel indicates the hiking trails in the area. After only 2 km, at the crossroad, you continue to the right, past an orchard that offers a beautiful view of the surrounding hills. After another 2 km, you reach another crossroad, from where you continue on the path marked with a red cross, to Terebici Peak, and after another 2 km you will reach Piţigoi Hill, from where you can admire, in clear weather, a beautiful view over the Valley of Mureş river. After a short pic-nic break, you can go down to Sângeorgiu de Mureş, where you can visit Máriaffy Castle.

More information: www.salvamontms.ro





Mountain and Cave Rescue Public Service Mureș County

Emergency numbers: **112**












SALVAMONT: **+40 725 826 668** [0 salvamont] or **+40 728 289 442**.

[Mountain and Cave Rescue Public Service Mureș County]





THE HIKER'S TEN COMMANDMENTS

1. Prepare thoroughly for the trip.
2. Plan your trip according to your own experience, as well as your travel partners' experience and physical condition.
3. Hikers are intelligent, calm, attentive and brave, but most of all, they respect the mountain.
4. Always follow the hiking rules [campfire, garbage, toilet].
5. Dress for comfort, not for fashion. Make sure you always have the complete equipment on you.
6. Use marked paths, avoid forbidden areas.
7. There is no mountain or route without risk. The mountains are especially dangerous after heavy snowfall.
8. Respect your hiking companions and do not abandon them in any situation.
9. Always be prepared for a possible change of weather, so that fog or darkness does not reach you in an unsafe/dangerous place.
10. Love and protect nature and urge others to do the same.

LEGEND

| | |
|---|----------------|
|  | Directions |
|  | Difficulty |
|  | Distance: |
|  | Duration |
|  | Elevation gain |
|  | Vegetation |
|  | Peak, Rocks |
|  | River, creek |
|  | Start |
|  | Finish |
|  | Parking |

UNDERSTANDING HIKING TRAIL MARKING ACCORDING TO SHAPE

| | |
|---|---|
|  | Main path, usually marking the ridge trail |
|  | Trail (secondary) that crosses other trails (main or secondary) |
|  | Trail (usually secondary) that leads to the top (peak) |
|  | Loop trail |





www.visitmures.com

